

Slip, Trip, and Fall Prevention Safety Training

Slips, trips, and same-level falls are among the most common causes of workplace injuries in construction, warehousing, manufacturing, maintenance, and general industry environments. This slip trip and fall prevention toolbox talk helps workers identify walking and working surface hazards, improve housekeeping practices, and reduce preventable injuries on the jobsite. This printable safety training guide covers wet floor hazards, uneven surfaces, poor housekeeping, blocked walkways, loose cords, improper storage, lighting issues, and other common workplace trip hazards that can lead to serious injuries.

Common Walking and Working Surface Hazards

Workers should always stay alert for unsafe walking and working surface hazards that may increase the risk of slips, trips, and falls. Common hazards include:

- Wet or slippery floors caused by spills, rain, oil, mud, or cleaning activities
- Uneven walking surfaces, cracked concrete, potholes, and damaged flooring
- Loose extension cords, hoses, tools, or materials left in walkways
- Poor lighting that makes hazards difficult to see
- Cluttered work areas and improper storage of materials
- Stairways without proper handrails or damaged steps
- Loose mats, rugs, or floor coverings that shift while walking

Housekeeping Safety Practices

Good housekeeping is one of the most effective ways to prevent workplace fall injuries and improve overall workplace pedestrian safety training efforts.

Safe housekeeping practices include:

- Clean spills immediately and place warning signs in wet areas
- Keep aisles, walkways, exits, and stairs clear at all times
- Store tools, cords, and materials away from walking paths
- Dispose of trash and debris regularly
- Maintain proper lighting in work areas and access points
- Report damaged flooring, loose tiles, or unsafe walking surfaces immediately

Preventing Same-Level Fall Injuries

Same-level falls can cause sprains, fractures, back injuries, head injuries, and lost work time. Workers can reduce risks by following safe walking surface practices and maintaining awareness of their surroundings.

Prevention tips:

- Wear slip-resistant footwear suitable for the work environment
- Walk carefully in areas affected by water, grease, mud, or ice
- Avoid carrying loads that block your vision
- Use designated walkways whenever possible
- Never run inside work areas or warehouses
- Use handrails when using stairs

Warehouse and Construction Trip Hazard Prevention

Warehouses, construction sites, and industrial facilities often contain changing conditions that create trip hazards. Workers should participate in regular workplace trip hazard prevention inspections and report unsafe conditions immediately.

Common industrial housekeeping safety training reminders include:

- Keep pallet areas organized and stable
- Secure cords and hoses overhead or along protected routes
- Remove scrap materials and unused equipment from work zones
- Monitor weather-related hazards such as mud, water, and slippery entrances
- Ensure temporary walkways remain stable and level

Safety Meeting Discussion Topics

Supervisors can use this slip and fall safety meeting topic during toolbox talks and daily safety meetings to improve hazard awareness.

Discuss:

- What walking and working surface hazards are present today?
- Are housekeeping practices being followed consistently?
- Are workers reporting spills and damaged flooring quickly?
- Are walkways, stairs, and exits clear of materials?
- What improvements can reduce same-level fall risks on this jobsite?

Consistent housekeeping, hazard awareness, and safe walking practices help reduce slips, trips, and same-level fall injuries. Every worker plays a role in maintaining safe walking surfaces and preventing unnecessary workplace accidents. Free printable slip trip fall toolbox talk PDF from [Toolboxtalk.com](https://www.toolboxtalk.com) for workplace safety training and safety meeting discussions.

TOOLBOX TALK TRAINING CERTIFICATION FORM

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Date: _____

Training led by: _____

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